### Activity Report - 2017



### **Our Mission**

To be a leader in finding a cure for multiple sclerosis and enabling people affected by MS to enhance their quality of life.

Multiple sclerosis (MS) is an autoimmune disease of the central nervous system (brain, spinal cord and optic nerves). The disease attacks myelin, the protective covering of the nerves, causing inflammation and often damaging the myelin. Myelin is necessary for the transmission of nerve impulses through nerve fibres. If damage is heavy, nerve impulses may be completely disrupted. The result is that the messages transmitted throughout the body are slowed down or stopped, causing the symptoms of MS. The possible symptoms of this disease include extreme fatigue, lack of coordination, weakness, tingling, impaired sensation, vision problems, bladder problems, cognitive impairment and mood changes. Treatments that modulate the immune system can slow down the progress of the relapsing-remitting form of the disease but cannot prevent or cure it. People who have MS spend their lives dealing with the unpredictable effects of this disease, which is still incurable.

Multiple sclerosis is generally diagnosed in people aged 15 to 40 years old, but children can have it as well. Women are three times as likely as men to get MS. In Canada, we have more people with MS per capita than any other country. In Quebec alone, some 20,000 people are living with MS.

#### There are several forms of MS:

# In approximately 85% of people with MS,

the disease first appears in a relapsing-remitting form (a series of inflammatory attacks interrupted by remissions).

# Up to 65% of people living with MS

are likely to present a secondary progressive form of the disease, following the relapsing-remitting form.

## Approximately 10% of people with MS

have a primary progressive form of this disease from the time of diagnosis.

# A Continuing Commitment





In 2017, we witnessed extraordinary progress in research and innovation in the field of MS. For one thing, we should note that Health Canada approved two new drugs, which brings the total number of medications available to people with relapsing-remitting MS to 15. Work also continued during the year to get Ocrevus approved for the treatment of primary progressive MS.

Research symbolizes hope for people with MS. That is why the Quebec Division of the MS Society continued to focus on its importance by organizing its third Quebec Summit on Multiple Sclerosis. For the occasion, MS specialists and eminent researchers addressed various topics related to MS, reporting on the progress that has been made in research.

All of our fundraising events were very successful thanks to the extraordinary efforts of our volunteers and all the members of the MS community, who worked harder than ever and showed remarkable creativity in raising money for the benefit of our cause. In particular, the 2017 Toqué! for MS gala raised more than \$600,000, a record! Because of everyone's exemplary commitment and dedication, \$7.7 million was raised in 2017.

To show our gratitude, an event organized exclusively for our major donors, principal partners and champion fundraisers was held at the MUHC Research Institute at the Glen Site on November 8, 2017. We took the opportunity to thank these people and gave them the privilege of listening to specialists speak about the most recent advances in multiple sclerosis research.

We are continuing our efforts to deliver our messages to decision-makers. That is why the *Neuro Partners - Progressive Neurological Diseases group*, of which the MS Society is a founding member, held an awareness day at the National Assembly in Quebec City with the aim of making our elected officials more aware of various issues affecting the quality of life of the people represented by each of the organizations that make up the group.

Together, we reaffirm our commitment to work together and make the necessary efforts to help people living with multiple sclerosis, and we promise them one thing: we will remain by their side.

Chairman of the Board of Director Gilles Dionne

Executive Director

# The MS Society in **Action**!

In 2017, the Quebec Division and the 18 local chapters organized a wide variety of events.

## QUEBEC SUMMIT ON MULTIPLE SCLEROSIS

The third Quebec Summit on Multiple Sclerosis was held on April 8, 2017, in Boucherville. Close to 500 people had a chance to attend presentations given by specialists and eminent researchers from Quebec.

#### **ESPOIR FAMILLE CONFERENCE**

The 26<sup>th</sup> Espoir famille conference took place from October 20 to 22, 2017, in Victoriaville. Almost 250 people, including some 40 children and teens aged 4 to 18, took part. This event allows people with MS and their families to meet, chat and support each other.

#### **PRESENTATIONS**

Four symposia were held in the following regions: Bas-Saint-Laurent, Lanaudière, Quebec City and Montérégie. Overall, these meetings were attended by over 300 people. The presentations given concerned several topics, including MS treatments, research, civil rights and quality of life.

## NEURO PARTNERS – DAY AT THE NATIONAL ASSEMBLY

On October 26, five organizations dedicated to people with a degenerative neurological disease visited the National Assembly in Quebec City to make their voices heard by some dozen Members of the National Assembly. Together, they presented a brief on possible solutions to improve the quality of life for people with a progressive neurological disease.

#### **MS YOUTH CAMPS**

Two camps for kids who have a parent with multiple sclerosis were held in 2017. MS Youth Camps enable young people to better understand MS thanks to a variety of workshops and to meet other children and teens who are experiencing a similar situation to their own.

#### MS RECOGNITION EVENING

The 2017 MS Recognition evening was characterized by novelty and innovation. Held at the MUHC Research Institute at the Glen Site, one of the most innovative university health centres in North America, it aroused great interest with its panel of experts and personal stories of pediatric MS. In addition, thanks to the participation of EMD Serono, guests were able to experience, for the first time in Quebec, a unique virtual reality experience that enabled them to live momentarily in the body of a person with MS.

#### MS CARNATION CAMPAIGN

From May 11 to 13, 2017, over the Mother's Day weekend, \$255,465 was raised by thousands of dedicated volunteers in more than a hundred points of sale across Quebec. The volunteers offered real carnations to the public in exchange for donations to the MS Society.

## WOMEN AGAINST MULTIPLE SCLEROSIS (WAMS)

The 11<sup>th</sup> WAMS gala luncheon took place on May 31, 2017, at the Westin Montréal Hotel. This networking event, created by and for women who are ready to act to build a world without MS, raised \$180,704.

#### **A&W BURGERS TO BEAT MS**

The ninth edition of A&W Burgers to Beat MS took place on August 24, 2017. More than 900 franchisees in every corner of the country gave \$2 to the MS Society for every Teen Burger™ sold on that day. Christine Sinclair, the Canadian women's soccer star, joined in the event, which raised \$1.85 million, including \$200,000 in Quebec.

#### **MS WALK**

On May 28, 2017, more than 4,231 walkers mobilized in 16 towns and cities across Quebec for the 23<sup>rd</sup> MS Walk, presented by Sanofi Genzyme. With actor Debbie Lynch-White as provincial spokesperson, the MS Society's flagship event raised \$1,144,629.

#### **RBC GOLF CHALLENGE FOR MS**

The 22<sup>nd</sup> RBC Golf Challenge for MS was held on July 2 and 3, 2017, and brought 65 golfers together on the greens in Bromont, at the Château Bromont, Royal Bromont and Parcours du Vieux Village clubs. In addition to taking up the challenge of this one-of-a-kind golf marathon, participants raised \$331,668.

#### **MEDAVIE BLUE CROSS MS BIKE**

Side by side with Valérie Chevalier, event spokesperson, 850 cyclists took part in the 28<sup>th</sup> Medavie Blue Cross MS Bike on August 26 and 27, 2017, in Drummondville. This joyful and unifying event raised a remarkable \$1,123,803.

#### **TOQUÉ! FOR MS**

This event consists in a prestigious gastronomic evening, organized jointly with Normand Laprise, chef-owner of Relais & Château restaurant *Toqué!*.

On October 4, Toqué! for MS brought together 340 guests from Quebec's business world and raised the record sum of \$604,636.

#### MS ADVENTURE CHALLENGES

The MS Adventure Challenges combine self-actualization with philanthropy in the form of adventure travel associated with a fundraising effort that is as tough as the challenge itself! The three adventurers who took part in the MS Greenland Challenge and the MS Kilimanjaro Challenge in 2017 raised \$73,279.

In 2017, the local chapters raised more than \$3,8 million thanks to the following events among others: Total Zombie in Quebec City; a deepelling event in Trois-Rivières; an event called "feeding hope" in Rimouski; a golf tournament for MS in Sherbrooke; a North Shore cycling event in Sept-Îles; and a comedy evening in Lanaudière. Several fundraising events were also organized by members of the general community for the benefit of the Quebec Division and the chapters.

# Major Gifts and Planned Giving

The Quebec Division is very grateful to its donors and partners for their exceptional generosity in the battle against MS.

From \$1,000 to \$4,999

Giuseppe Borsellino - Ginette Brochu - Claude Chamberland - CN Employee's and Pensioners' Community Fund - Suzanne Crawford - Estate of Louise Dallaire - Estate of Marguerite Désy - Estate of Réjeanne Martel Girard - Estate of Shirley Adelia Eagles Stevenson - Fondation Denise et Robert Gibelleau - Fonds des œuvres communautaires des employées de Telebec - Gustav Levinschi Foundation - Gérard Huot - Guylaine Landry - Malouf Family Fund - Léo Marchand - Armand Perron - The Azrieli Foundation - The Honorable Order of the Blue Goose International Quebec Pond - The Jewish Community Foundation of Montreal - Zeller family Foundation

From \$5,000 to \$9,999

Anonymous (2) - Robyn Cohen - Estate of Allison Duncan Rosenberg - Estate of Bernard Bourgeois - Fondation Andre Gauthier - Jeunesse-Vie Foundation - Denis Loiselle - Murray Meltzer - Joanne Tosini

From \$10,000 to \$49,999

Anonymous (1) - Estate of Germain Morel - Estate of Lyse David - Estate of Myrna Castellaro - Estate of Odette Duval - Estate of Pierre Astel - Fondation Bergeron-Jetté - Fondation Richelieu Montréal - Gisèle Carrier and Roland Lebel - Hydro-Québec - Louis Langis - UnitedWay Centraide Canada

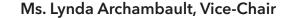
\$50,000 and more

Estate of Doreen Barker Leblanc - Estate of Lucille Loiselle Girard - Estate of Yolande Oligny

# Provincial Partners

A & W - AG Natural Health - Air Canada - Bell Canada - Bell Media - Biogen - Desjardins Group - EMD Serono - Ernst & Young - HealthPartners-Quebec - Hoffmann-La Roche Ltd - Medavie Blue Cross - Novartis Canada - RBC Dominion Securities - RBC Foundation - Sanofi Genzyme - SAQ - Teva Canada Innovation - Workday

# Board of Directors



#### Mr. Denis Baribeau, Director

Civil engineer, Ministère des Transports, de la Mobilité durable et de l'Électrication des transports

#### Ms. Sonia Carrière, Director

Chair, Multiple Sclerosis Society of Canada Outaouais Chapter

#### Mr. François Coupal, Director

Consultant – Information Technology

#### Mr. Gilles Dionne, Chair

President, Groupe Beldex

#### Mr. Christian Fournier, Director

Director of programming and community relations COGECOTV Laurentides

#### Mr. Jean-Pierre Huard, Secretary

Avocat, Québecor Média inc.

#### Ms. Chantal Joubert, Director

President, Multiple Sclerosis Society of Canada Bas-Saint-Laurent Chapter

#### Dr. Yves Lapierre, Director

Neurologist and director, MS Clinic Montreal Neurological Institute and Hospital

#### Mr. Serge Lapointe, Director

Patent agent and partner, Fasken Martineau

#### Ms. Lorie Palmer - Treasurer

Associée - Fiscalité, PSBBOISJOLI

#### Ms. Sonia Rainville, Director

Partner, Fasken Martineau

#### Ms. Suzanne Villeneuve, Director

Chair, Services and Social Action Committee Multiple Sclerosis Society of Canada, Quebec Division





# FINANCIAL STATEMENTS

### BALANCE SHEET

				As at Dec. 31, <b>2017</b>	As at Dec. 31, <b>2016</b>
ACCETC	Quebec Division	Quebec Chapters	Inter-society balances	Total	Total
ASSETS					
Current assets					
Cash and cash equivalents	722,551	1,600,310	-	\$ 2,322,861	\$ 2,447,413
Accounts receivable	1,472,359	238,884	(683,640)	\$ 1,027,603	\$ 848,420
Inventory	44,850	2,208	-	\$ 47,058	\$ 56,244
Prepaid expenses	71,547	39,883	-	\$ 111,430	\$ 108,532
Current portion of investments	-	6,500	-	\$ 6,500	\$ 6,500
	2,311,307	1,887,785	(683,640)	\$ 3,515,452	\$ 3,467,109
Investments	-	63,342	-	\$ 63,342	\$ 62,671
Capital assets	63,159	68,858	-	\$ 132,017	\$ 49,612
	2,374,466	2,019,985	(683,640)	\$ 3,710,811	\$ 3,579,392 \$
LIABILITIES					
Current liabilities					
Accounts payable and accrued liabilities	2,034,361	644,838	(683,640)	\$ 1,995,559	\$,1,921,219
Deferred revenue	98,943	138,161	-	\$ 237,104	\$ 243,289
	2,133,304	782,999	(683,640)	\$ 2,232,663	\$ 2,164,508
Obligations under capital leases	4,135	750	-	\$ 4,885	\$ 8,357
Annuity payable	-	26,844	-	\$ 26,844	\$ 29,702
Deferred lease inducement	15,259	-	-	\$ 15,259	\$ 38,146
	2,152,698	810,593	(683,640)	\$ 2,279,651	\$ 2,240,713 \$
NET ASSETS					
Invested in capital assets	63,159	68,858	-	\$ 132,017	\$ 49,612
Restricted for endowment purposes	15,734	19,300	-	\$ 35,034	\$ 40,034
Restricted by the Board of Directors	-	74,284	-	\$ 74,284	\$ 76,528
Unrestricted	142,875	1,046,950	-	\$ 1,189,825	\$ 1,172,505
	221,768	1,209,392	-	\$ 1,431,160	\$ 1,338,679
	\$ 2,374,466	\$ 2,019,985	(683,640)	\$ 3,710,811	\$ 3,579,392

# STATEMENT OF REVENUE AND EXPENDITURES

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			For the year ended December 31, <b>2017</b>	For the year ended December 31, <b>2016</b>
Quebec Division	Quebec Chapters	Inter-society balances	Total	Total
nd grants				
223,143	533,755	-	\$ 756,898	\$ 800,748
442,753	30,100	-	\$ 472,853	\$ 352,011
-	-	-	-	\$ 202,000
111,669	724,848	-	\$ 836,517	\$ 787,917
161,650	27,500	-	\$ 189,150	\$ 127,850
-	1,613	-	\$ 1,613	\$ 6,728
\$ 939,215	\$ 1,317,816	-	\$ 2,257,031	\$ 2,277,254
1,823,306	872,571	(457,648)	\$ 2,238,229	\$ 2,331,618
1,209,548	796,331	-	\$ 2,005,879	\$ 1,992,342
81,645	60,394	-	\$ 142,039	\$ 133,294
154,378	184,431	-	\$ 338,809	\$ 358,851
95,497	247,789	(87,821)	\$ 255,465	\$ 274,162
129,402	104,298	-	\$ 233,700	\$ 243,950
38,645	74,364	-	\$ 113 009	\$ 142,087
-	34,866	-	\$ 34 866	\$ 29,092
-	13,041	-	\$ 13,041	\$ 12,114
8,505	11,530	-	\$ 20,035	\$ 16,685
298,985	-	(298,985)	-	-
-	144,821	(144 821)	-	-
23,410	15,945	-	\$ 39,355	\$ 38,621
815	9,159	-	\$ 9,974	\$ 11,839
\$ 4,803,351	\$ 3,887,356	(989,275)	\$ 7,701,432	\$ 7,861,909
	1,823,306 1,209,548 81,645 154,378 95,497 129,402 38,645 - 8,505 298,985 - 23,410 815	1,823,306 872,571 1,209,548 796,331 154,378 184,431 95,497 247,789 129,402 104,298 38,645 74,364 38,505 11,530 298,985 - 144,821 23,410 15,945 815 9,159		Quebec Division         Quebec Chapters         Inter-society balances         Total           Total           Adaptation of the property of the

# STATEMENT OF REVENUE AND EXPENDITURES

				For the year ended December 31, <b>2017</b>	For the year ended December 31, <b>2016</b>
	Quebec Division	Quebec Chapters	Inter-society balances	Total	Total
EXPENDITURES					
Fundraising expenditures					
Donations and grants	160,675	118,611	-	\$ 279,286	\$ 303,304
Signature events	729,770	304,874	-	\$ 1,034 644	\$ 925,530
Local fundraising initiatives	450,055	743,647	-	\$ 1,193,702	\$ 1,112,948
Partnership events and campaigns	-	1,149	-	\$ 1,149	\$ 16,812
I Challenge MS	79,654	9,081	-	\$ 88,735	\$ 171,898
Cost of goods sold	-	11,873	-	\$ 11,873	\$ 11,299
Indirect fundraising expenditures	345,203	49,489	-	\$ 394,692	\$ 360,605
Total fundraising expenditures	\$ 1,765,357	\$ 1,238,724	-	\$ 3,004,081	\$ 2,902,396
Program and administrative	e spending				
Client services	563,959	858,800	-	\$ 1,422,759	\$ 1,466,086
Research	1,260,000	298,985	(298,985)	\$ 1,260,000	\$ 1,317,000
Research - EndMS campaign	-	-	-	-	\$ 202,000
Contributions to provincial programs	-	545,469	(545,469)	-	-
Public education and awareness	301,689	417,783	-	\$ 719,472	\$ 730,705
Chapter and volunteer support and development	598,312	139,907	(144,821)	\$ 593,398	\$ 539,219
Government and community relations	72,116	58,133	-	\$ 130,249	\$ 132,013
Administration	241,465	232,527	-	\$ 473,992	\$ 471,161
Total program and administrative spending	\$ 3,037,541	\$ 2,551,604	(989,275)	\$ 4,599,870	\$ 4,858,184
TOTAL EXPENDITURES	\$ 4,802,898	\$ 3,790,328	(989,275)	\$ 7,603,951	\$ 7,760,580
Excess of revenue over expenditures	453	97,028	-	\$ 97,481	\$ 101,329

# **Quebec Division and Chapters**

The employees and volunteers of the chapters throughout Quebec give of themselves every day to support the approximately 20,000 people in our province with MS and their families. They organize local fundraising events that help to finance services offered to people affected by multiple sclerosis and research on this disease.

#### Abitibi-Témiscamingue

PO Box 1721 Val-d'Or, Quebec J9P 5Y9 819 874-7915 info.abitibi@mssociety.ca

#### **Montreal West Island**

105-1255, Transcanadienne Dorval, Quebec H9B 2V4 514 676-1588 grpspbo@videotron.ca

#### **Bas-Saint-Laurent**

180 de l'Évêché Street West Suite 95 Rimouski, Quebec G5L4H9 418 724-5499 1877424-5499 info.basstlaurent@mssociety.ca

#### Centre-du-Québec

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#### Chaudière-Appalaches

4060 Boulevard Guillaume-Couture Suite 104 Lévis, Quebec G6W 6N2 418 830-1515 1877829-7758 info.appalaches@mssociety.ca

#### Côte-Nord

652 DeQuen Avenue Sept-Îles, Quebec G4R 2R5 418 968-6688 scleroseenplaquescn@cgocable.ca

#### **Eastern Montreal**

12125 Notre-Dame Street East Suite 309 Montreal, Quebec H1B 2Y9 514 640-5472 info.estdemontreal@mssociety.ca

#### **Eastern Townships**

2424 King Street West Suite 120 Sherbrooke, Quebec J1J 2E8 819 791-8330 1 855 791-8330 info.estrie@mssociety.ca

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#### Lanaudière

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#### Laurentians

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#### Laval

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#### **Quebec City Region**

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#### Saguenay

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This annual report was produced by the Communications Department of the Multiple Sclerosis Society of Canada, Quebec Division. All data apply to the fiscal year that started on January 1, 2017, and ended on December 31, 2017.





